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| Take a “Mental Health Day” Educational Day & Reverse Trade Show |

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| Learn about work life balance, stress, and other issues facing the workplace. Get *Mentally fit* and *vendor smart* at this day of education and reverse trade show. A portion of the proceeds benefit scholarships for IFMA Orlando members.  Sponsored by IFMA Orlando  [www.ifmaorlando.org](http://www.ifmaorlando.org) |

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| July 25, 2019 |  |



* Guest speakers Diane Robinson, PhD and Christine Karper PhD from Orlando Health
* Opportunities to unplug/unwind
* Casual/intimate tradeshow format
* FREE for Facility managers
* $90 for IFMA members
* $125 non members